

Date	Time	Action	Location	
July 28th	All Day	Arrivals and Hotel Check In for Participants	Lakehead University, Hotels, Airport Pickup	
July 29th	6:30am	Primary Set Up	C J Sanders Fieldhouse	All Available Volunteers and Officials
	7:00am-9:00am	Breakfast	Designated Food Services	
	10:00am-11:00am	WushuCanada AGM	Coaches Lounge at Fieldhouse	
	11:00am-1:00pm	Judges and Officials Meeting	Coaches Lounge at Fieldhouse	
		NOTE: For training arrive no earlier than 60min prior for warmup. Teams should leave area after designated time.		
	10:00am-3:00pm	SANDA Field #2 open for training	C J Sanders Fieldhouse	All Sanda Participants
	11:00am-11:45pm	Training Begins Group 1/2	C J Sanders Fieldhouse	Ji Hong Wushu Tai Chi College/WushuQuebec
	11:45am-12:30pm	Training Begins Group 3/4	C J Sanders Fieldhouse	Wang Heng Wushu/Sunny Tang Martial Arts
	12:30pm-1:15pm	Training Begins Group 5/6	C J Sanders Fieldhouse	Calgary Tai Chi Wushu College/Chinese Martial Arts Academy
	1:15pm-2:00pm	Training Begins Group 7/8	C J Sanders Fieldhouse	Wayland Li Martial Arts/SYL Wushu Tai Chi
	2:00pm-2:45pm	Training Begins Group 9/10	C J Sanders Fieldhouse	Canada XingYi Bagua Assoc./Sunny Tang Ottawa
	2:45pm-3:30pm	Training Begins Group 11/12	C J Sanders Fieldhouse	All Tai Chi Groups
	3:30pm-4:30pm	Stage Dark-Gym Access Closed		
	4:30-5:30pm	Performers and Teams arrive to prepare for Opening	C J Sanders Fieldhouse	
	5:00pm	Doors Open	Admissions and Cash Box Needed / Phone scanners	
	6:00pm-8:00pm	Master's Performance and Gala Show	See Gala Show RunDown for details	
July 30th	8:00am	Competition Begins		
		See daily schedule for details		
	8:00pm	End of competition Day 1	C J Sanders Fieldhouse	

July 31st	8:00am	Competition Begins		
		See daily schedule for details		
	6:00pm	End of competition Day 2	C J Sanders Fieldhouse	
	8:00pm	Closing Reception Dinner	Dining Hall	
		Presentation of National Team Members		
Aug 1st	All Day	Departures		